

TAKE ACTION: What you can do about climate change during the COVID-19 Health Emergency

Actions to take while physically isolating at home:

- **Stay informed. Sign up for newsletters and updates from environmental organizations.** Here are some suggestions:
 - [ClimateFast](#)
 - [Climate Action Network](#)
 - [Greenspiration](#)
 - [The Energy Mix](#)
 - [Carbon Brief](#)
 - [Myclimatechange.home.blog](#)
- **Sign petitions in support of climate change actions and initiatives.** Here are some suggestions:
 - [GreenPeace Canada](#)
 - [Leadnow](#)
 - [Change.org](#)
 - [Care 2 petitions](#)
- **Participate in virtual climate change workshops, seminars, and rallies.** Here are some suggestions for finding these events:
 - [Canadian Climate Challenge](#)
- **Talk to your family and friends about climate change, and what they can do about it.** With many of us at home with free time, consider hosting a virtual conversation with family about the climate emergency and the opportunities to learn from the COVID-19 experience. Here are some suggestions:
 - [Kitchen Table Climate Conversations with ClimateFast](#)
 - [Carbon Conversations Toronto](#)
 - [Youtube video: The most important thing you can do to fight climate change: talk about it | Katharine Hayhoe](#)
- **Advocate for having your pension plan including the Canada Pension Plan, divest from fossil fuels.** Go to [Shift: Action for Pension Wealth and Planet Health](#).
- **Volunteer and join a local climate change organization.** Here are some suggestions:
 - [Fridays For Future Toronto](#)
 - [ClimateFast](#)
 - [Toronto 350](#)
 - [Extinction Rebellion Toronto](#)
 - [Lead Now](#)
 - [Citizens Climate Lobby Canada](#)
- **Call, email, text or use social media to send a message to your city councilor, your MP, and/or your MPP about your concerns about climate change.** Here are some suggestions:
 - End fossil fuel subsidies (Federal and Provincial)
 - Ban single-use plastics (Federal, Provincial, and Municipal)

- Use COVID-19 emergency policies to kick-start green technologies, and worker training and industry re-tooling, and oil well remediation (Federal, Provincial)
- Pension plan fossil fuel divestment (Federal, Provincial, Municipal, and private)
- For example: Both Canada and the City of Toronto have declared a climate emergency. Now, as the weakness in our social programs and the impact of COVID-19 on the vulnerable is clear, take time to make this point to our politicians.
- **Call in to your radio station's phone-in shows to speak up about climate change.**
- **Write Letters To the Editor of your local newspaper to express your concerns about climate change. Here are some suggestions:**
 - [CCL letter-writing tips](#)
 - [What makes a good letter to the editor](#)
- **Reduce your personal carbon footprint using [Global Footprint Network](#) or [Project Neutral](#).**
- **Make a personal carbon footprint commitment by taking a pledge with [Climate Pledge Collective](#).**
- **Investigate whether your personal investments are free from fossil fuels. Consider investing in ethical funds when the markets stabilize.**
- **Engage with your bank to advocate for them to divest from fossil fuels. Here are some suggestions for doing this:**
 - [Rainforest Alliance Network \(Explore the Data\)](#)
- **Make a donation to a local climate change organization. Here are some suggestions:**
 - [Fridays For Future Toronto](#)
 - [ClimateFast](#)
 - [Toronto 350](#)
 - [Extinction Rebellion Toronto](#)
 - [Lead Now](#)
 - [Citizens Climate Lobby Canada](#)

We are all in this together and are motivated for our futures, our children, our grandchildren, and for all future generations!

Thank you for your commitment to climate action!

Sincerely,
Fridays For Future Toronto Organizers

